



## Cork GAA Health & Wellbeing Conference Saturday March 4<sup>th</sup> 2023

**Schedule 10.00am: Welcome:**  
Eoghan O'Connor (Cork H&W)  
Janas Harrington (National H&W)

**10.15am: The Healthy Club Journey**  
Blarney & the Community, St Finbarr's 10 Year Club,  
Bandon & Leadership

**10.45am: Bystander Intervention Programme**  
Professor Louise Crowley UCC & Bishopstown

**11.30am : Sos & Caife**

**12.00pm: GAA for ALL**  
Sinéad Crowley (National GAA Sport for All  
Committee), Midleton (The Magpies) All Stars, Alan  
Craughwell (Director Mixed Ability Sports Ireland),  
Munster Wheelchair Hurling Coach

**12.40pm: Clare Shine**  
"Scoring Goals in the Dark"

**1:30pm: Be Kind to Your Mind**  
Cork GAA Mental Health Initiative

**1:45pm: Closing**  
Marc Ó Síocháin Cathaoirleach  
CLG Coiste Chontae Chorcaí

For further information or to book your place visit:  
[www.gaacork.ie](http://www.gaacork.ie)

Tickets Free, Registration Required



*Health is at the heart  
of every club*

